

# **INFORMATION HAND BOOK FOR PARENTS**



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#### **Contact Information**

Mach Hach BaAretz / Bnei Akiva of the U.S. & Canada 520 8th Avenue, 15th Floor, New York, NY 10018 New York Office: 212-465-9536 Fax: 212-216-9578

Israel Office: 646-248-7555 (if calling from N. America) / 050-709-8304 (if calling from Israel)

Email: machhach@bneiakiva.org Website: www.machhach.org



# **CHAPTER ONE**

# **Dates & Forms**

The following is a calendar of important Mach Hach BaAretz dates, followed by a checklist and brief explanation of the forms that you will need to complete.

# **Important dates**

#### May 1

Final payment due.

#### Tuesday, July 2

Leadership Group Flight Departs

#### Wednesday, July 3

Leadership Program Begins

#### Tuesday, July 9

Two Group Flights depart from JFK, one from Newark and one from LAX See Chapter 2 for flight details.

#### Wednesday, July 10

Arrival at Ben Gurion Airport! Welcome to Israel!!

#### Friday, July 26 - Sunday, July 28

Free Weekend

#### Monday, July 29 - Thursday, August 1

Adventure Week

#### Shabbat, August 3-4

Shabbat Mach Hach

#### Tuesday, August 13

Last night: Mach Hach program ends. Group flights depart from Ben Gurion Airport

#### Wednesday, August 14

Two Group Flights arrive in JFK, one in Newark and one in LAX.



# **Checklist of forms**

DU	E MAY 1:				
	<b>Physician's Exam Form</b> – To be downloaded and filled out by the camper's physician after an examination. It can be uploaded to your online account or faxed/emailed to the office.				
	Camper Profile – Must be filled out by a parent. The background information on this form helps us understand your child's needs, and allows us to care of him/her in the best possible manner.				
DUE JUNE 1:					
	Free Weekend Form – Details of where your child will be staying for the free weekend. We can set you up with a Bnei Akiva host for the weekend if you do not have plans.				
The following vendors can be contacted directly, via our website (after Pesach). Please check their materials for suggested deadlines:					
	<b>Phone Plan</b> – Rental of cell phones, SIMS cards and related equipment. See Chapter 3 for details.				
	Payoneer – Order a ATM/debit card for travelers. In order to receive your card before departure, you must register 6 weeks before the trip begins. See Chapter 8 for details.				
	Mach Hach Store – Order camp supplies that will meet you in Israel.				
	Pack For Camp - Order camp supplies that will be delivered to your home				



# **CHAPTER TWO**

# **Travel Information**

# **Flights**

**To Israel:** Mach Hach BaAretz tuition includes a round-trip flight on one of our four group flight options departing on Tuesday, July 9.

- United #90 leaves from Newark Airport at 10:50 PM and arrives the next day at 4:20 PM.
- Delta #468 leaves from JFK Airport at 10:52 PM and arrives the next day at 4:50 PM.
- ELAL #008 leaves JFK Airport at 11:45 PM and arrives the next day at 5:15 PM.
- ELAL # 006 leaves from LAX Airport at 12:15 PM and arrives the next day at 12:05 PM.

**From Israel:** For the return trip there will be four group flights, departing on Monday night/Tuesday morning August 13/14 and arriving in the US on the 14<sup>th</sup>:

- United #091 leaves at 11:10 PM and arrives at Newark Airport at 4:10 AM.
- Delta #467 leaves at 11:55 PM and arrives at JFK Airport at 5:10 AM.
- ELAL #001 leaves at 12:30 AM and arrives at JFK Airport at 5:10 AM.
- ELAL #005 leaves at 1:05 AM and arrives at LAX at 6:00 AM.

**Leadership Flight:** We have also booked a group flight for those participating in our leadership program. The trip to Israel is Delta #466 and leaves from JFK on Tuesday, July 2, at 3:35 PM and arrives the next day at 9:35 AM. The return from Israel will be on our regularly scheduled Delta group flight to JFK.

#### **Flight Credit**

Anyone who chooses to book their own flight will receive a \$1600 tuition credit. Please send us a copy of your e-ticket and the credit will be assigned to your account.

#### **Alternate Flight Plans**

If you wish to fly only one way on the Group Flight, please contact our travel agent, Stuart Katz, at stuart@taltours.com. He'd also be happy to help with domestic flight connections and any additional travel needs. It is often cheaper and more efficient to book on one ticket with the group flight.

**Arrivals** – On July 10<sup>th</sup> our staff will be at Ben Gurion Airport from 12:00 PM until 7:00 PM to meet campers not on the group flight. A bus will be available from Jerusalem to the airport for any campers already in Israel (further information to follow in June). Those who would like to meet us at the airport, should arrive at 4:30 PM.

**Departures** – At the end of the trip, the group flights depart from Ben Gurion Monday night. All campers will be transported to Ben Gurion Airport, arriving at 8:00 PM. Anyone who is not flying that night should be picked up from the airport, or can be put into a taxi by our staff. We do not recommend picking up campers from anywhere other than the airport; the last hours of Mach



Hach are precious and nobody wants to miss them! Passports are given out at the airport – if anyone does need to leave earlier that day, they may need to pick up their passport at the Bnei Akiva office in Jerusalem at another time. Bnei Akiva is not responsible for transportation or lodging costs of any camper who has a flight that requires him/her to arrive at the airport at any other time.

#### **Supervision**

Members of the Senior Staff of Mach Hach BaAretz/Bnei Akiva will be present at all airports for the departures and arrivals of the group flights. Staff members will be on those flights to accompany and supervise the campers.

# **Domestic Connecting Flights**

Campers from outside of New York who are flying into New York area airports to connect to the group flights can be met by Mach Hach staff and escorted to the group flight terminal. Those arriving in JFK or Newark should arrive 4 ½ to 6 ½ hours before the departure of their respective flight.

At the end of the program, we will escort campers to flight terminals at Newark or JFK. Connecting flights should not depart earlier than 3 ½ hours after arrival of the group flight. Please note that while it may be possible to catch an earlier connection, we cannot promise that we will be able to escort the camper to his/her terminal. Please forward the e-ticket or flight itinerary to our office so we can give it to the camper before the flight, and so we can help everyone arrive at his/her proper connecting terminal on time for the flight.

## **Passports**

All participants holding a valid American or Canadian passport will receive a three-month tourist visa upon arrival in Israel. Please make sure that your passport is valid for six months after the date of return from Israel. Participants not holding a valid American or Canadian passport should contact our office to ascertain if a tourist visa must be obtained prior to your departure for Israel. All passports will be collected upon arrival in Israel and stored in our safe until the conclusion of the program.

#### Luggage

Because of the traveling nature of the program we recommend that you pack lightly. Each camper is allowed to bring one large suitcase and hand luggage; the storage space under the buses cannot accommodate more than that. We find that a sturdy duffle bag with wheels is best. In Israel, each camper will receive a Mach Hach backpack to be used for day trips and hikes. Airline baggage regulations allow each passenger to bring one bag weighing up to 50 pounds. Please see their websites for additional details and updates, and for carry-on luggage regulations.



# CHAPTER THREE

# Safety, Security & Communication

# Security

The staff of Mach Hach BaAretz is in constant contact throughout the summer with the Moked Teva, a branch of the Jewish Agency responsible for tourist groups. We are notified immediately if a security situation or alert arises anywhere in the country, and our staff is trained in dealing with all types of situations. All itineraries are approved by the Moked Teva before the summer and we reconfirm with the following day's schedule each night of the summer.

#### Heat

It is very hot in Israel during the summer! All campers are required to carry water with them at all times, and the staff reminds them to drink CONSISTENTLY AND CONSTANTLY. Everyone is required to wear hats and sunscreen on all hikes. On days of extreme heat, we receive heat-warnings from the Moked Teva and we cancel or modify our hikes according to their recommendations. All of our buses and hotels are airconditioned.

#### Staff

The Director and other senior staff members of Mach Hach BaAretz live in Israel, spend very significant amounts of time with the groups and are in 24-hour-a-day contact with them. Each bus has a Rosh Bus (Head Counselor), a Logistics Coordinator, a tour guide and 3 additional counselors. There is also a Medic/Security Guard with them most of the time. In addition to the fact that they are all experienced madrichim (counselors), they undergo extensive training from Bnei Akiva prior to Mach Hach.

#### **Leaving the Group**

Leaving the group without permission from the Rosh Bus is grounds for immediate dismissal from the program. Friends and relatives are not permitted to take campers away from the group at any time. This is due to the fact that many participants have friends and family in Israel and we receive many such requests. Allowing participants to come and go would be detrimental to building the group dynamic and to the overall program. We appreciate your understanding in this matter. If there are special circumstances such as a family simcha or event, please contact us and we will evaluate whether it is feasible for the camper to attend. If friends or relatives want to meet a camper at the group's hostel during the camper's free time, they may do so with the prior consent of the Rosh Bus.

# **Communicating With the Staff**

Senior-staff members will be happy to speak with parents at any time. A contact list will be sent out prior to the summer. While calls will be answered 24 hours a day, we respectfully request that you refrain from calling between midnight and 7:30 AM Israel time, unless there is an emergency. You may also call our New York office during business hours. E-mail is an excellent way to get in touch with us — mail sent to machhach@bneiakiva.org will always be answered within a short period of time. The Senior Staff will be happy to relay messages to the bus-based staff but the bus-based staff does not communicate directly with parents as this would encumber their ability to run the program efficiently.



# **Communicating With Campers**

Campers are permitted to bring or rent cell phones and can use them during their free time. Campers are not permitted to use their phones during hikes, study sessions or other programming. A phone or SIM card rental plan can be purchased through our website. We recommend signing up for the group plan as it will allow for phone complications (technical difficulties, loss, theft, etc) to be fixed in a far quicker fashion. If you order a SIM card and bring your smart phone from home, please do not send an overly expensive one with your child. This is a travel program and it is all too easy to break or lose a phone.

#### Mail

Mail can be sent to staff members and campers. The address is: World Bnei Akiva, P.O. Box 7401, Jerusalem, 91073, Israel. The envelope should be clearly marked with the camper's name and Mach Hach BaAretz. Food, medications and electronics should never be sent by mail or delivery services (UPS, Fedex, etc) as this can cause large fees and delays from Israeli Customs.

#### **Updates via Newsletters and Social Media**

We are very excited that today's modern technology allows parents and friends to experience Mach Hach BaAretz vicariously. A weekly electronic newsletter will be sent out, containing highlights from the past week and important announcements about the coming weeks. Our Facebook page is updated constantly and is a fun way to see pictures and videos from all buses. Please "Like" our page, "Mach Hach BaAretz". Check YouTube, Instagram and Snapchat for additional footage throughout the summer.



# **CHAPTER FOUR**

# **Groups & Programming**

## **Group Assignments**

Each group ("Bus") consists of approximately 40 campers from throughout North America. Because of the richness of the activities and the sharing of a multitude of special experiences, life-long friendships are often formed. Each participant has the opportunity to request people with whom s/he would like to be placed, and we guarantee that s/he will be with at least one of them. If you have specific issues to discuss, please contact Dan Katz directly.

#### **Itineraries**

Tremendous thought is put into the planning of every minute of Mach Hach BaAretz. The program is designed to be inspirational, educational and fun. Time is spent in each region of the country so that campers can gain an appreciation for the historical and modern significance of each area. A group generally sleeps in the same place for 2-5 nights and then moves on. If you suspect that your child will have difficulty organizing his/her belongings for all the packing and unpacking involved, please discuss strategies that will help him/her. Feel free to contact us for guidance. A written itinerary (calendar style), specific to your bus, will be sent to you before the summer. It will be as exact as possible, but please understand that last minute changes in program sometimes occur.

# Lodging

Throughout the course of the program, each group sleeps in approximately ten different hotels, guest houses and dormitories throughout the country. All are clean, comfortable and air-conditioned. Bathrooms are connected to the rooms. Generally there are 3-5 campers in a room. Towels and linens are supplied (we recommend that you bring 2 towels for use at water activities outside the hotel). Sleeping bags with freshly laundered liners will be provided during Yam L'Yam and Wilderness. There is no need to bring your own.

# **Inter-Bus Programming**

There are several times over the course of the program when all the groups will be together. These are opportunities to spend time with old and new friends from other buses, and to experience the strength and spirit of the group as a whole. Those events are: arrival night ceremonies at the Kotel, Shabbat Mach Hach, Tisha B'Av closing and The Amazing Race. In addition, all Adventure Week programs combine campers from all buses. Lastly, individual buses will meet up for inter-bus basketball games.



# **Adventure Week Options**

- Chessed Each day will have a different focus which will allow us to learn about a unique population in need and to volunteer with them (Physical disabilities, special needs...).
- Army Participants will learn navigation skills and shooting positions and will go to battle on the paintball field. They will wear army uniforms and experience life as Israeli soldiers.
- Yam Le'Yam Hike the width of Israel, from the Kineret to the Mediterranean. Help prepare meals over an open fire, star gaze and sleep outdoors surrounded by the lushness of the North.
- Wilderness Spend four days in the stunning and stark Negev desert. Hike and learn survival skills by day and sleep peacefully under the star-filled sky at night.
- Culturefest Engage with all the culture that modern Israel has to offer. Enjoy its foods, music, art and film. See Israel through a different lens.

#### Hikes

Hiking is a major component of Mach Hach BaAretz. We believe that it is critical to learn about and experience Israel with our bodies as well as with our minds. Hiking will take place in deserts, mountains and water. Please be aware that it is geared toward normal, healthy teenagers but will be physically strenuous at times. We do not have facilities for people who are unable to hike on a consistent basis, so please be sure that you are physically and emotionally prepared for such a program. That said, if you are not an experienced hiker do not worry. Your madrichim and friends will be there to give you loads of encouragement and support.

# **Daily Routine**

No part of the daily program is optional. All campers are expected to be at each activity, on time, unless they have special permission from a staff member. This includes tfilah 3 times a day, meals, shiurim and all other activities. There will be a nightly curfew so that every camper will get adequate sleep in order to be sufficiently rested to meet the physical demands of the program.

#### Free Weekend

The Free Weekend this year will be from Friday morning, July 26<sup>th</sup> until Sunday morning, July 28<sup>th</sup>. Specific details and a form requesting host contact information is available in your online account. Hosts can pick-up and drop-off their guests at specific times at locations in Jerusalem, Latrun, Ramat Gan and Raanana. Campers may travel to/from their hosts by taxi only if we have written permission from the parents. We recommend that campers not travel by public bus or train unless they are accompanied by their host or have spent significant time in Israel and are very familiar with the public transportation system. We highly recommend that all campers go to a family or adult friend. Spending the weekend in a dormitory or hotel without proper adult supervision is NOT recommended. If you do not have friends or family in Israel, we will arrange for your child to spend the weekend with a Bnei Akiva family. As transportation is not provided, campers going to a Bnei Akiva family will be put in a licensed taxi at their own expense. Luggage will be stored for participants during the weekend, they only need to take an overnight bag. Everyone will be taken to a supermarket before the Free Weekend to buy a small gift for their hosts, or you can order a gift basket to be delivered to their home. Please note that **all rules of conduct that apply to campers during the program apply during the Free Weekend as well**.



# **CHAPTER FIVE**

# **Health & Medical Information**

#### Healthcare

Mach Hach BaAretz has access to healthcare for its campers 24 hours a day. Via our medical insurance provider, we are part of an extremely well structured medical system. Depending on the situation and the location of the patient, possibilities include a doctor coming on a "house call", the camper being driven to a clinic or hospital, or an ambulance or paramedic being sent immediately. In the event of serious illness or injury, parents will be informed immediately. If any invasive treatment is required we will try to get parent authorization, except in an emergency where medical experts advise that a delay will be detrimental.

#### **Insurance**

Mach Hach tuition includes limited medical insurance. This covers doctor's visits, tests, treatments, hospitalizations and prescription drugs needed for injuries and illnesses that occur during the program. Please note that our insurance policy might not cover certain pre-existing conditions. For added coverage, please check your primary medical insurance policy since many polices will reimburse expenses incurred while traveling, including expenses due to pre-existing conditions. If you wish to purchase additional insurance, we recommend contacting Dani Eisenstock at dani@travelinsuranceisrael.com and he will be glad to assist you with finding a medical policy with coverage for stable pre-existing medical conditions.

#### **Inoculations**

All campers are required to be up to date on all recommended inoculations and must submit a completed Immunization Form. If there are any issues with this, you must contact us.

#### **Medications from Home**

If a camper requires a regular or daily dosage of medication, please note that it is the camper's responsibility to store and administer their own medication. Madrichim will be happy to remind campers occasionally, but it is ultimately the responsibility of the camper. If this is an issue for you or your child, please contact us so we can discuss solutions. The exception to this rule is Epipens; any camper who requires an Epipen should bring at least three. All should be clearly labeled with his/her name. The camper should carry one and a madrich will carry an additional one. The third should be sent in case one of the others is used or compromised.

Medications that require refrigeration are complicated because of the traveling nature of the program – you must speak to us in advance so we can plan together accordingly. If your child takes prescription or non-prescription drugs, please send them with a sufficient supply to last for the duration of the program. American prescriptions cannot be filled in Israel. You may also want to pack small amounts of over-the-counter medications such as Advil, Imodium and cold medicine. The staff will also have a limited supply of over-the-counter medications that they can dispense to campers as needed. If you do not want your child to receive medications in this fashion, please note it on the Medical Form.



# **Medications Prescribed in Israel**

If a camper gets sick in Israel and medication is prescribed, we will purchase the medication and give it to the camper. If you would like to be consulted before your child starts taking a prescription drug, please contact us.

#### **Special Dietary Needs**

Please be aware that because of the traveling nature of the program, Mach Hach does not operate its own kitchens and does not always have the ability to provide special meals. If your child has special dietary needs or allergies, you must indicate it on the application. In certain cases, the Mach Hach administration will then contact you to discuss whether we will be able to accommodate his/her needs. Feel free to contact us if you have any questions.

#### **Physical Limitations**

Please be aware that some aspects of the program are physically strenuous. If your child has any physical limitations that may affect his/her ability to participate fully, please indicate it on the application or notify us immediately.

#### **Disclosure**

In order for us to properly prepare for each camper, it is incumbent upon parents and campers that they disclose to the administrators of Mach Hach BaAretz any issue regarding the physical or mental/emotional health of the participant. Without this, we will not be able to properly prepare for the camper's arrival or make sure that they have a successful experience. Without advance notification, it is possible that the camper will not be able to remain on the program.



# **CHAPTER SIX**

# **Rules and Policies**

Below you will find the rules that Bnei Akiva has established for all Mach Hach BaAretz participants. These rules are designed to create an atmosphere of adherence to *halacha* (Jewish law), self-respect and respect for others. Please read and consider the rules carefully. All participants must sign a copy of these rules to demonstrate your acceptance of these rules. The form is available in your online account.

- 1. All campers are expected to act respectfully and cooperatively at all times. Inappropriate language (word choice or content) will not be tolerated, nor will aggressive, abusive or offensive behavior toward staff members or fellow campers. The same applies to all digital interactions.
- 2. Disrespect for property, public or private, will not be tolerated. Any repair or replacement fees incurred by Bnei Akiva for damages caused by a camper (whether or not the act was intentionally destructive) will be charged to the family.
- 3. All aspects of the program are mandatory, and punctuality at all activities is expected. Campers may not leave the group at any time without authorization from the head counselor.
- 4. It is strictly forbidden to engage in or possess drugs, alcohol, cigarettes or e-cigarettes (Juul, vape, etc.) during the program. Involvement in, or possession of, any of these things may result in immediate expulsion from the program and will be reported to your high school. If you have a history of usage of any of these in the past, you are obligated to notify the Director of the program immediately. Please note that this is not grounds for automatic non-acceptance. Possession of lighters is strictly forbidden.
- 5. Body piercing (including ears), dying of hair, shaving of head, mohawks and tattooing during the program are forbidden.
- 6. The Mach Hach program is structured around strict observance of *halacha*. Attendance at *Tfilah* 3 times a day, attendance at daily *sheurim*, *Kashrut* observance and *Shabbat* observance are all mandatory. Non-conformance may be grounds for dismissal from the program.
- 7. Girls and boys are not allowed in each other's rooms at any time. Violation of this rule may lead to suspension and/or expulsion from the program. Girls and boys are expected to conduct themselves according to the laws of *negiah*, *yichud* and *tzniut*. No physical contact between the genders will be permitted.
- 8. Girls and boys are expected to dress in a *tzanua* (modest) fashion when in public areas. Tight clothing is not permitted, and the midriff must be covered. Some specifics follow, and more details can be found on the packing list. Please note that any camper who does not possess clothing that conforms to the dress code, will be required to purchase such clothing at their own expense.

#### Boys:

- Kippah and tzitzit must be worn at all times.
- Shirts must have sleeves and shorts must reach the lower thigh.
- Earrings and other body piercings are not permissible.

#### Girls:

- Shorts and skirts must come to the knee.
- Shirts must have sleeves that cover shoulders and armpits at all times. Low-cut and sheer shirts are not permitted.
- Leggings, tights and yoga pants may only be worn under knee-length skirts or shorts.



# **CHAPTER SEVEN**

☐ Tylenol, cold medicine, cough drops

# **Suggested Packing List**

Everyone					
		Bo	oys		
	1 Siddur				
	14 T-shirts (most for active wear)		8 pairs of shorts		
	2 dark shirts for water hikes		3 pair long pants		
	2 sweaters or sweatshirts		4 collared white shirts for Shabbat (polo		
	1 pair sweatpants		shirts are permissible)		
	2 bathing suits (no bikinis)		2 pair blue/black pants for Shabbat		
	2 pair pajamas		Tfillin		
	2 hats		3 kippot		
	20 pair underwear		3 pair Tzitzit		
	20 pair socks		Kohanim: Talit for daily Birkat Cohanim		
	1 pair sneakers and/or pair of hiking shoes				
	1 pair water shoes for water hikes	Gi	irls		
	1 pair comfortable Shabbat shoes				
	2 towels		8 skirts/pants/knee length shorts for hiking		
	Soap, shampoo, deodorant		3-4 additional skirts/pants/knee-length		
	Toothbrush, toothpaste, hairbrush		shorts		
	Laundry bag		3 white shirts for Shabbat		
	Sunscreen		2 blue/black skirts for Shabbat		
	Flashlight		3 additional Shabbat outfits		
			Personal hygiene supplies		
Op	Optional				
	A served leads an acceptate water to state	Lu	ıggage		
	A camelback or reusable water bottle				
Ш	Dry-fits instead of some T-shirts	We	e recommend using a soft duffle with wheels		



so that it is light weight and easily portable.

# **CHAPTER EIGHT**

# Miscellaneous

# Laundry

Laundry service will be available twice during the program. Campers' laundry will be collected, laundered and returned a few days later. Please do not send expensive clothing or clothing that has special laundering instructions. Dry cleaning and ironing will not be possible.

# **Electrical Appliances**

Please do not send expensive electrical appliances. The voltage in Israel is 220; if you plug in an appliance that is not made for this type of voltage it will be ruined. Many appliances that are used by travelers, such as phones, shavers and blow dryers, are 110/220, but you should double-check. Also, please be aware that the prongs on the wall sockets are different than in America, you will need a two pronged adapter, called a VCT VP-5.

# **Spending Money**

Mach Hach BaAretz provides campers with everything that they need during the program. Campers like to bring spending money for the purchase of souvenirs and snacks, and possibly for transportation during the Free Weekend. In the past, we've seen that \$300-\$400 is the average amount spent. For the past several years we have been working with Payoneer, a company that offers campers a pre-paid debit card. Some of the advantages of this card are that parents can monitor spending and add money on-line as they see fit, cards can be used to withdraw cash at all ATMs and they can be used at any store that accepts credit cards. An additional advantage is that if a card is lost or stolen, we can immediately block it and provide the camper with a replacement card. Please be aware that there are some user fees involved. You can find a link to more information and to register on our website. In order to receive the card before the program begins, you must apply 6 weeks in advance. If you choose to send dollars with your camper, we will try to get him/her to a money changing station as needed, but this will not always be possible. We do not recommend bringing large amounts of cash; because of the traveling nature of the program it's sometimes hard to keep track of the money, and because it is not a controlled "camp-like" environment, we have occasionally had cases of theft. We also do not recommend Traveler's Checks; in order to redeem them the customer must present his/her passport, which would mean the camper keeping the passport with him/her rather than locked in the safe.

#### Water

We encourage campers to refill bottles or their camelback with tap water, which is readily available. For those who do not wish to do this we will attempt to have bottled water available for purchase on the bus at a fair price.



#### **Cancelation Insurance**

Cancelation Insurance is available for purchase. If it becomes necessary for you to cancel your registration, you will be refunded 75%-100% of the portion of the tuition that is otherwise not refundable, as per the regulations of the insurance company. Details of the plan are available on our website.

# Liability

Bnei Akiva and its assisting and handling agencies assume no responsibility for any loss, damage or theft to baggage or personal belongings, from the time of the originating flight in North America until the return home. We suggest that you check your family's home insurance policy to see if you are covered for any such occurrence. We highly recommend that you not pack expensive jewelry, clothing, electronics or large amounts of cash. If you are sending a smartphone with your child, please think about the risks carefully. Furthermore, Bnei Akiva and its officers, agents and employees shall not be liable for any personal injury to campers.

## **Birthdays**

If a camper is going to be celebrating a birthday during the program, please e-mail us a day or two in advance to make sure that we're aware of it. If you wish for us to provide a party with special snacks there is a \$25 fee, you can sign up in your electronic account or email us at least ten days in advance. Checks to cover this should be mailed to the New York office. Please note that if a birthday falls out during Adventure Week, it may not be possible to conduct a proper party on the actual date. In this case, the birthday will be acknowledged on that day, and the party will be held later in the week



# נסיעה טובה!



